

CB-BK WE1 2026: Session: 5: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Braeken Vera

Coaches: Geerits Valerie

Coaches: Smeets Sara HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 32: 400M FREESTYLE MEN 13-14							Heat:5, starttime: 08:52	
Heat: 5/9 Lane : 4 Athlete: WALTERUS KILYAN							Q-time: 04:49:01	
PB (50m pool): 04:57.02 Antwerpen 20/07/2025				PB (25m pool): 04:49.01 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.68	01:10.55	01:49.70	02:28.74	03:07.75	03:45.63	04:22.74	04:57.02
	00:32.68	00:37.87	00:39.15	00:39.04	00:39.01	00:37.88	00:37.11	00:34.28
								

Coach feedback:

Event number: 32: 400M FREESTYLE MEN 13-14							Heat:6, starttime: 08:57	
Heat: 6/9 Lane : 5 Athlete: VANDIJCK SAMUEL							Q-time: 04:46:94	
PB (50m pool): 04:46.94 Antwerpen 08/03/2026				PB (25m pool): 04:42.69SB: 04:46.94 Antwerpen 08/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.99	01:08.92	01:46.36	02:23.48	03:00.10	03:37.65	04:13.65	04:46.94
	00:31.99	00:36.93	00:37.44	00:37.12	00:36.62	00:37.55	00:36.00	00:33.29
								

Coach feedback:

Event number: 34: 100M BUTTERFLY MEN 11-12							Heat:4, starttime: 09:58		
Heat: 4/11 Lane : 2 Athlete: JORISKES GIJS							Q-time: 01:31:84		
PB (50m pool): 01:31.84 SportinGenk Park 24/05/2026				PB (25m pool): 01:25.68SB: 01:31.84 SportinGenk Park 24/05/2026					
	5 0 M		1 0 0 M						
PB	00:43.32		01:31.84						
	00:43.32		00:48.52						
									

Coach feedback:

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Event number: 34: 100M BUTTERFLY MEN 11-12			Heat:5, starttime: 10:00
Heat: 5/11 Lane : 8 Athlete: FERREIRA CRAVO ENZO			Q-time: 01:30:31
PB (50m pool): 01:30.31 SportinGenk Park 06/04/2026			PB (25m pool): 01:26.47 SB: 01:30.31 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:42.30	01:30.31	
	00:42.30	00:48.01	
			

Coach feedback:

Event number: 34: 100M BUTTERFLY MEN 11-12			Heat:10, starttime: 10:10
Heat: 10/11 Lane : 8 Athlete: BOSMANS VINCE			Q-time: 01:19:26
PB (50m pool): 01:19.26 SportinGenk Park 06/04/2026			PB (25m pool): 01:17.36 SB: 01:19.26 SportinGenk Park 06/04/2026
	5 0 M	1 0 0 M	
PB	00:36.11	01:19.26	
	00:36.11	00:43.15	
			

Coach feedback:

Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:2, starttime: 10:16
Heat: 2/20 Lane : 3 Athlete: SCHROOTEN LIEN			Q-time: 01:22:03
PB (50m pool): 01:22.03 Antwerpen 19/04/2026			PB (25m pool): 01:19.39 SB: 01:22.03 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:38.66	01:22.03	
	00:38.66	00:43.37	
			

Coach feedback:

Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:6, starttime: 10:24
Heat: 6/20 Lane : 3 Athlete: BIANCHI MAIA			Q-time: 01:17:95
PB (50m pool): 01:17.95 Antwerpen 19/04/2026			PB (25m pool): 01:15.73 SB: 01:17.95 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:36.15	01:17.95	
	00:36.15	00:41.80	
			

Coach feedback:

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Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:7, starttime: 10:25
Heat: 7/20 Lane : 3 Athlete: VAN EYGEN LOUISE			Q-time: 01:16:79
PB (50m pool): 01:16.79 Antwerpen 19/04/2026			PB (25m pool): 01:14.28 SB: 01:16.79 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:36.05	01:16.79	
	00:36.05	00:40.74	
			

Coach feedback:

Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:10, starttime: 10:31
Heat: 10/20 Lane : 2 Athlete: NULENS AZZURRA			Q-time: 01:14:70
PB (50m pool): 01:14.70 Antwerpen 19/04/2026			PB (25m pool): 01:14.61 SB: 01:14.70 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:35.52	01:14.70	
	00:35.52	00:39.18	
			

Coach feedback:

Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:15, starttime: 10:39
Heat: 15/20 Lane : 6 Athlete: BEIJNSBERGER JULIE			Q-time: 01:11:20
PB (50m pool): 01:11.20 Antwerpen 19/04/2026			PB (25m pool): 01:08.66 SB: 01:11.20 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:34.26	01:11.20	
	00:34.26	00:36.94	
			

Coach feedback:

Event number: 35: 100M FREESTYLE WOMEN 11-12			Heat:19, starttime: 10:46
Heat: 19/20 Lane : 6 Athlete: BEIJNSBERGER LOUISE			Q-time: 01:07:29
PB (50m pool): 01:07.29 Antwerpen 08/03/2026			PB (25m pool): 01:05.03 SB: 01:07.29 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:32.70	01:07.29	
	00:32.70	00:34.59	
			

Coach feedback:

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Event number: 36: 100M BACKSTROKE MEN 13-14				Heat:6, starttime: 11:01	
Heat: 6/10 Lane : 3 Athlete: VANDIJCK SAMUEL				Q-time: 01:11:81	
PB (50m pool): 01:13.78 Antwerpen 19/04/2026				PB (25m pool): 01:11.81 SB: 01:13.78 Antwerpen 19/04/2026	
	5 0 M	1 0 0 M			
PB	00:35.92	01:13.78			
	00:35.92	00:37.86			
					

Coach feedback:

Event number: 36: 100M BACKSTROKE MEN 13-14				Heat:8, starttime: 11:06	
Heat: 8/10 Lane : 8 Athlete: GEUTJENS MAXIME				Q-time: 01:10:73	
PB (50m pool): 01:15.33 Genk 01/02/2026				PB (25m pool): 01:10.73 SB: 01:15.33 Genk 01/02/2026	
	5 0 M	1 0 0 M			
PB	00:37.09	01:15.33			
	00:37.09	00:38.24			
					

Coach feedback:

Event number: 37: 200M BREASTSTROKE WOMEN 13-14					Heat:5, starttime: 11:26	
Heat: 5/8 Lane : 7 Athlete: RUELENS COBIEN					Q-time: 03:01:30	
PB (50m pool): 03:01.30 Eindhoven 28/06/2026					PB (25m pool): 02:59.28 SB: 03:01.30 Eindhoven 28/06/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:40.95	01:27.09	02:14.58	03:01.30		
	00:40.95	00:46.14	00:47.49	00:46.72		
						

Coach feedback:

Event number: 38: 100M BREASTSTROKE MEN 13-14				Heat:6, starttime: 11:50	
Heat: 6/8 Lane : 4 Athlete: WALTERUS KILYAN				Q-time: 01:18:34	
PB (50m pool): 01:21.56 Eindhoven 28/06/2026				PB (25m pool): 01:18.34 SB: 01:21.56 Eindhoven 28/06/2026	
	5 0 M	1 0 0 M			
PB	00:37.24	01:21.56			
	00:37.24	00:44.32			
					

Coach feedback:

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Event number: 39: 4x100M FREESTYLE MIXED 11-12							Heat:3, starttime: 12:08	
Heat: 3/3 Lane : 7 Athlete: TEAM DMB 12							Q-time: 04:39:65	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 40: 4x100M FREESTYLE MIXED 13-14							Heat:3, starttime: 12:24	
Heat: 3/3 Lane : 1 Athlete: TEAM DMB 14							Q-time: 04:14:39	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: